

# **blo.kart<sup>®</sup>**

## **5-POINT HARNESS**

blokart harness restraint for pilots  
with compromised muscle tone

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**blokart harness restraint for pilots with compromised muscle tone**  
(This product has been developed with a disabled sailor – it may not cater for all disabilities)

1. Drape harness over the seat and fit the harness centering loop over the pulley whip socket.



2. Remove the Axle and fit the 'D' Ring over the Chassis Axle tube, re-fit Axle



3. Ensure the straps cross over and tension in place  
N.B. Tensioners used when fitting to shadow seat or early model karts



4. Undo buckles and open harness, lay crotch buckle on chassis floor



5. Sit on the thigh pads

6. Put your arms through the shoulder straps and clip chest buckle together at center



7. Pull the crotch buckle up and clip into the chest buckle and tension to fit



8. Tighten Shoulder Straps to adjust seating position for smaller pilots



9. Fit the standard seat belt over the top as normal.



10. Restrain you legs with the knee/leg strap



11. Or use the knee/leg strap to strap your knees to the struts (personal choice)



12. Now enjoy sailing your blokart – and go beat the legs off anyone who thinks they have a chance.